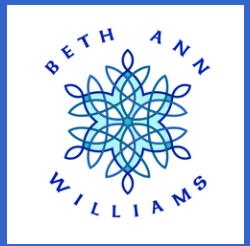


# CELTIC TRUE LOVERS KNOT PILLOW OR WALL HANGING



## "Invisible" Machine Appliqué & Quilt in 1 Step with Beth Ann Williams

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*The knotwork design is 8" across. The finished pillow measures approximately 16" x 16".*

### Supply List:

- Sewing machine, cleaned and in good working order
- Recommended sewing machine needles: 75/11 Quilting needle and 70/10 Microtex Sharp
- Recommended presser feet: Zigzag foot, Open-toe Appliqué foot (if you have it), Quarter-inch foot (if you have it), Walking Foot (optional - we will discuss in class)
- Recommended Thread:
  - All purpose thread - top and bobbin (I used Aurifil 50wt cotton) for construction
  - .004 Monofilament top thread for the appliqué process (I've had the best success with MonoPoly from Superior threads or Aurifil monofilament thread. Unless your knotwork fabric is very dark, choose clear instead of smoke. – See thread notes below for alternatives.
  - 60wt. (or finer), 2-ply thread for the bobbin in shades to blend/match knotwork fabric (this may be cotton or poly, depending on what works best in your machine. – See thread notes below for alternatives.

If you prefer not to use monofilament for your top thread, you'll need top and bobbin thread(s) that match your knotwork fabric(s) closely in color and/or value. You'll want fine, high-quality thread that will sink into the fabric. I've had some success experimenting with 60wt. filament poly Bottom Line from Superior Threads, 80wt. cotton from Aurifil, 80wt. DecoBob poly from WonderFil, and 100wt. MicroQuilter from Superior Threads (my favorite alternative).

- Light box (You may not need one if your background fabric is light enough.)
- Erasable marking pencil for tracing the design (A regular pencil is fine - avoid Frixion pens or other heat-erasable markers.)
- Rotary cutter with sharp blade, 24" long acrylic ruler
- Large cutting mat (larger than a fat quarter of fabric; ideally at least 24" x 36")
- Bias Press Bars from Collins or Loop Pressing Bars from Clover (both are inexpensive plastic).
- Iron and pressing surface (The Clover Mini-Iron is AWESOME, but a regular iron will work.)
- Roxanne Glue-Baste-It or other washable glue with fine applicator tip. I prefer the EZ Squeeze bottle of Roxanne Glue-Baste-It; you can also use Elmer's washable school glue IF you can get a fine applicator tip to control how much glue comes out at once.
- Basic sewing supplies: scissors, straight pins, clips (if you have them), seam ripper, etc.

**\*\*\*Please see next page for fabric requirements.\*\*\***

## Fabric Requirements:

- (1) fat quarter or 11 1/2" square of background fabric
- (1) fat quarter of knotwork fabric\*
- (1) fat eighth of accent fabric for the (optional) accent/inner flap border
- (1) fat quarter of border fabric
- (1) 18" x 18" piece of low-loft batting, preferably a cotton blend (Hobbs Heirloom 80/20 fusible is great, or you can use a non-fusible batting with pins or basting spray)
- 5/8 yd. or 18" x 18" piece of fabric for backing

### PLUS EITHER

- 1/2 yd. fabric for envelope-style pillow back (for a pillow) -IN ADDITION TO BACKING LISTED ABOVE
- 1/2 yd. Pellon 987F fusible fleece OR batting (for a pillow)
- 16" pillow form (for a pillow)

### OR

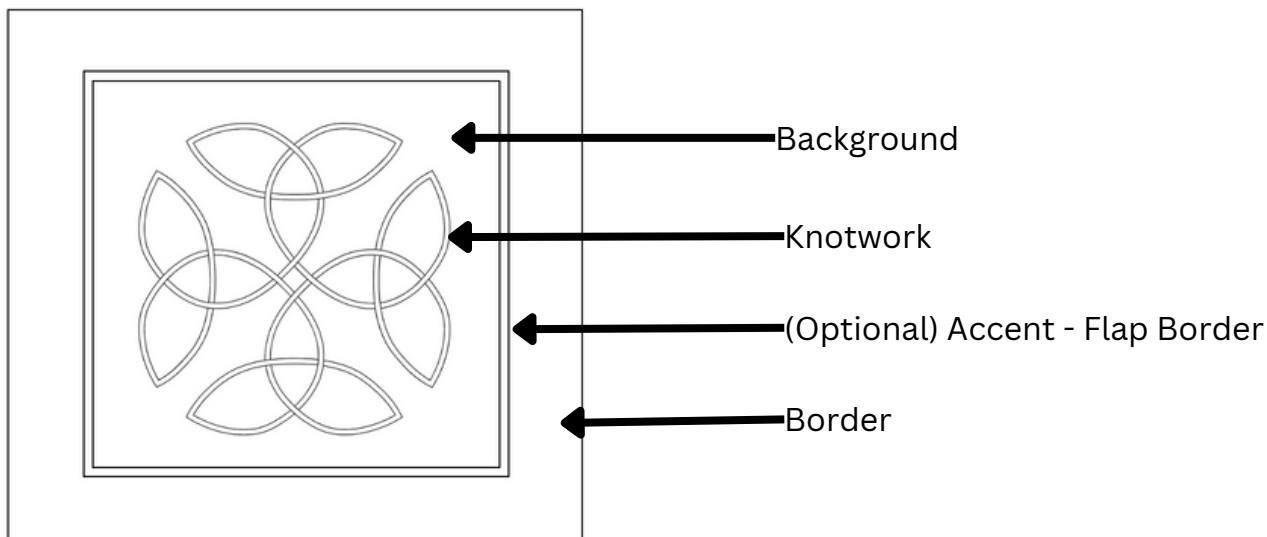
- 1/4 yd. fabric (NOT a fat quarter) for binding (for a wall-hanging) - *We will not be applying the binding in class.*

*\*Please note: choosing fabric with a bit of visual texture for your knotwork fabric will help you hide your stitches. Subtle tone-on-tone prints or fabrics such as the Grunge line from Moda are great examples.*

***And don't worry--this is much easier than it looks!***

**\*\*\*If possible, please WASH ALL FABRIC before class.\*\*\***

*The basting glue and fusible batting/basting spray may not adhere properly to unwashed fabrics.*



**BETH ANN WILLIAMS CONTEMPORARY QUILTING & FIBER ART LLC**

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